

## BE UP ACTIVE

### A REMEDY FOR PHYSICAL AND MENTAL FATIGUE



Be Up Active is a food supplement based on Maca and Guarana that allow a tonic action (physical and mental fatigue) and a stimulation of the metabolism.

Whitania acts as a tonic (physical and mental fatigue) and allows relaxation and well-being; magnesium contributes to the reduction of tiredness and fatigue and together with B vitamins are useful for normal energy metabolism; Zinc contributes to

the maintenance of normal testosterone levels in the blood and Centella asiatica allows the functionality of microcirculation (heaviness in the legs) but also memory and cognitive functions.

#### Composition:

L-Arginine, L-Acetylcarnitine, Guarana DM (Paullinia cupana Kunth, seed, 10% caffeine content, DHW Whitania somnifera L. (Dunal), root, 2.5% whitanolide DHW, Andean Maca dry extract (Lepidium meyenii Walp., root, 0.5% betaectysone, DM Centella asiatica L. Urb., leaves, 2% triterpenes, Magnesium bisglycinate, Zinc gluconate (13.5% Zinc), Vit. B5 (pantothenic acid), Vit. B6 (Pyridoxine hydrochloride), Vit. B1 (Thiamine hydrochloride, Vit. B12 (Cyanocobalamin), Seleniomethionine; Bulking agent: CMC (Microcrystalline Cellulose); Anti-caking agents: Silicon Dioxide, Magnesium Salts of fatty acids. Wrapper: edible gelatin.

Gluten Free.

#### Method, dose and time of administration:

A maximum intake of 4 capsules per day is recommended. Store in a cool, dry place at a temperature not exceeding 25°

### Warnings and storage:

Keep out of reach of children under three years of age. Do not exceed the recommended dose. The product

it does not replace a varied, balanced diet and a healthy lifestyle. Do not use the product for periods of time

prolonged without consulting a doctor. Store in a cool, dry place, away from heat sources.

The expiration date refers to the intact product, properly stored.

### Valori nutrizionali

INGREDIENTE	Mg per 4 Capsule	VNR%
L-Arginina	500	
Acetilcarnitina	200	
E.S. Guaranà	200	
Caffeina app.ta	20	
E.S. Withania somnifera	150	
Withanolidi app.ti	3,75	
E.S. Maca andina	100	
0,5% Betaectysone app.to	0,50%	
E.S. Centella asiatica	100	
Triterpeni app.ti	2	
Magnesio	80	21,33
Zinco	74	100
Vit. B5	6	100
Vitamina B6	1,4	100
Vitamina B1	1,1	100
Vitamina B12	0,0025	100
Selenio	1,7	