

## A REMEDY FOR PHYSICAL AND MENTAL FATIGUE



Be Up Active is a food supplement based on Maca and Guarana that allow a tonic action (physical and mental fatigue) and a stimulation of the metabolism. Whitania acts as a tonic (physical and mental fatigue) and allows relaxation and well-being; Magnesium contributes to the reduction of tiredness and fatigue and together with B vitamins are useful for normal energy metabolism; Zinc contributes to the maintenance of normal testosterone levels in the blood and Centella asiatica allows the functionality of microcirculation (heaviness of legs) but also memory

and cognitive functions.

### Composition

L-Arginine, L-Acetylcarnitine, Guarana DM (Paullinia cupana Kunth, seed, 10% caffeine content, DHW Whitania somnifera L. (Dunal), root, 2.5% withanolide DHW, Andean Maca dry extract (Lepidium meyenii Walp., root, 0.5% betaectysone, DM Centella asiatica L. Urb., leaves, 2% triterpenes, Magnesium bisglycinate, Zinc gluconate (13.5% Zinc), Vit. B5 (pantothenic acid), Vit. B6 (Pyridoxine hydrochloride), Vit. B1 (Thiamine hydrochloride), Vit. B12 (Cyanocobalamin), Seleniomethionine; Bulking agent: CMC (Microcrystalline Cellulose); Anti-caking agents: Silicon Dioxide, Magnesium Salts of fatty acids. Wrapper: edible gelatin.  
Gluten Free.

### Nutritional values

INGREDIENT	Mg per 4 Capsules	NRV%
L-Arginine	500	
Acetylcarnitine	200	
E.S. Guarana	200	
Caffeine app.ta	20	
E.S. Withania somnifera	150	
Withanolidi app.ti	3,75	
E.S. Andean Maca	100	
0.5% Betaectysone app.to	0,50%	
E.S. Centella asiatica	100	
Triterpenes app.ti	2	
Magnesium	80	21,33
Zinc	74	100
Vit. B5	6	100
Pyridoxine	1,4	100
Thiamine	1,1	100
Cobalamin	0,0025	100
Selenium	1,7	

### Manner, dose and time of administration

A maximum intake of 4 capsules per day is recommended. Store in a cool, dry place at a temperature not exceeding 25°

**Warnings and storage**

Keep out of reach of children under three years of age. Do not exceed the recommended dose. The product is not a substitute for a varied, balanced diet and a healthy lifestyle. Do not use the product for prolonged periods without seeking medical advice. Store in a cool, dry place, away from heat sources. The expiration date refers to the intact product, properly stored. Warnings: Keep out of reach of children under three years of age. Do not exceed the recommended dose. The product is not a substitute for a varied, balanced diet and a healthy lifestyle. Do not use the product for prolonged periods without seeking medical advice. Store in a cool, dry place, away from heat sources. The expiration date refers to the intact product, properly stored.