

My Relax Plus



ALCHEMY MYRELAX PLUS is a food supplement based on Bacopa useful for relaxation (sleep), mental well-being and Melatonin that contributes to the reduction of the time required to fall asleep

Composition

Bacopa d.e. (Bacopa monnieri (L.) Pennell: herb, 20% bacosides), Hydroxypropylmethylcellulose, Bulking agent: microcrystalline cellulose; Anti-caking agents: silicon dioxide and magnesium salts of fatty acids; Melatonin powder.

Manner, dose and time of administration

It is recommended to take up to 1 capsule per day.

Warnings and storage

Food supplements should not be used as a substitute for a varied and balanced diet. Do not exceed the recommended dose. Keep out of reach of children and heat sources. Store the product in a cool, dry place. Do not use if there is known hypersensitivity to the components of the product.

CONTENUTI MEDI	per dose (1 cps)
Bacopa e.s.	250 mg
Melatonina	1 mg