

FOR THE PHYSIOLOGICAL WELL-BEING OF THE LIVER AND URINARY TRACT



My Detox is a food supplement consisting of a combination of plant and mineral extracts, useful for helping the drainage of body fluids and the proper metabolism of nutrients

Its rich formulation contains:

- **Dandelion, Milk Thistle and Artichoke extracts** that contribute to liver function and drainage of body fluids
- **Broccoli extract** with antioxidant properties and digestive function regulation
- **Orthosiphon extract** for the drainage of body fluids and the function of the urinary tract.
- **Chromium** which contributes to normal macronutrient metabolism
- **Zinc** which contributes to normal carbohydrate metabolism
- **Copper** which contributes to normal energy-yielding metabolism

Composition

Microcrystalline Cellulose, Choline Bitartrate, N-Acetylcysteine, *Taraxacum officinale*, *Silybum marianum* d.e. tit. 80% silymarin, *Brassica oleracea* d.e. tit. 0.3% sulforaphane, *Orthosiphon stamineus Benth* d.e. tit 0.15 sinensetin, Myo-Inositol, *Cynara scolymus* e.s. tit. 2.5% Cynarin, Zinc Gluconate, Magnesium Salts of Fatty Acids, Silicon Dioxide, Talc, L-Selenomethionine, Copper Gluconate, Chromium Picolinate.

The product is gluten-free.

Nutritional values

| Ingredients | Per daily dose (2 tablets) | %NRV* |
|-----------------------|----------------------------|-------|
| Choline | 100 mg | NA |
| Inositol | 100 mg | NA |
| Zinc | 10 mg | 100 |
| Copper | 1 mg | 100 |
| Selenium | 0.06 mg | 109 |
| Chromium | 0.04 mg | 100 |
| Broccoli d.e. | 100 mg | NA |
| Of which sulforaphane | 0.03 mg | |
| N-Acetylcysteine | 140 mg | NA |
| Dandelion PLV | 120 mg | NA |
| Milk thistle d.e. | 100 mg | NA |
| Of which silymarin | 80 mg | |
| Artichoke leaves d.e. | 80 mg | NA |
| Of which cynarin | 2 mg | |
| Orthosiphon e.s. | 100 mg | NA |
| Of which sinensetin | 0.1 mg | |
| Pilosella d.e. | 50 mg | NA |
| Of which vitexin | 1 mg | |

*NRV= nutrient reference values

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**Manner, dose and time of administration**

It is recommended to take 2 tablets a day, accompanied by water

Warnings and storage

Food supplements should not be used as a substitute for a varied and balanced diet. Do not exceed the recommended dose. Keep out of reach of children and heat sources. Store the product in a cool, dry place. Do not use if there is known hypersensitivity to the components of the product. Do not exceed the recommended daily dose. Product intended for adults. To take the product during pregnancy and breastfeeding, it is advisable to consult your doctor. Do not use if thyroid dysfunction occurs. Do not give children under 3 to three years of age

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